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## **BABY SHOWER GAMES**

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## **Find Your Baby or Mommy**

### **Description**

Upon arrival, every guest is given a label to stick on their back. Each label contains the name of either a famous mommy or a famous baby. The goal is to find out "who you are" (what is the name that appears on the label on your back) and who is your "mate". The first person to do this wins.

Here are some examples of famous Moms and Babes:

- Angelina Jolie & Shiloh Nouvel
- Gwyneth Paltrow & Apple
- Jacqueline Kennedy & John F. Kennedy Junior
- Virgin Mary & Jesus
- Lady Diana Spencer & Prince William
- Goldie Hawn & Kate Hudson
- Hilary & Chelsea Clinton
- Ivana & Ivanka Trump
- Naomi & Ashley Judd
- Debbie Reynolds & Carrie Fisher

- Madonna & Lourdes

### **Materials**

- Sticky labels (Avery labels work well)

## **Never say "Baby"**

### **Description**

Hand out an "item" to each guest as they arrive. This item is for "stealing" and can take any form such as a diaper pin, cheap necklace, ring etc... Ask each woman to wear the item in plain view. Whoever says the word "baby" during the shower will lose their "item" to the person that catches them saying it. The rules can be tweaked so that taboo words include baby, boy or girl, etc... The guest with the most items at the end of the shower is the winner.

### **Materials**

Choose one of the following or come up with your own idea:

- Baby safety pins
- Cheap plastic necklaces
- Cheap rings
- Children's hair elastics with fun shapes (Ones that fit on your wrist)

## **My Water Broke**

### **Description**

Prior to the event, make ice cubes that contain small plastic babies in them. (In order to position the dolls in the center of the cube, I filled the tray with 1/3 of the water and froze it before adding the plastic babies and the rest of the water.)

Pour cups of water (one for each guest) and then quickly add an ice cube to each cup and give cups to your guests. Guests can not blow on the ice cube and must wait to see which baby is released or "born" from the ice cube first. That person must yell out "My water broke" before they can be declared the winner.

### **Materials**

- Ice cube tray
- Tiny plastic babies
- Cups
- Water

## **Guess Mom's Tummy Size**

### **Description**

Each woman selects a length of toilet paper. It should be equal to the length needed to wrap around the widest section of the pregnant Mom-to-be's stomach. After everyone has their length of toilet paper, guests can get up one-by-one to measure their piece against the

Mommy-To-Be's actual tummy. The person who is closest to the actual circumference is the winner.

### **Materials**

- A roll of toilet paper

## **Guess How Many Q-Tips or Baby Safety Pins**

### **Description**

A container is filled with baby safety pins or Q-Tips and placed in a central location with a box, pens and entry forms. Guests are asked to guess the number of items in the container, fill out an entry and place it in the box. The person who guesses the number closest to the actual number of items in the container wins.

### **Materials**

- Safety Pins or Q-tips
- Container (Giant baby bottle works well)
- Pens/pencils
- Paper
- Box

## **Guess the Baby Food Flavors**

### **Description**

Cover the labels on baby food jars with strips of paper (folded over, so they are opaque). Label each jar A through E. Using small wooden spoons or popsicle sticks have guests taste each item and guess the flavor (carrots, peas, chicken stew, etc...). Guesses should be written on an entry form (along with their name) and put in a container at the table (it just makes life so much easier).

### **Materials**

- Baby food
- Labels
- Spoons
- Entry Form or Paper
- Pens/Pencils
- Container

## **Pass the Dirty Diaper**

### **Description**

Label the outside of 4 newborn diapers with letters or numbers (A, B, C, D or 1, 2, 3, 4) using a marker. Open 4 different chocolate bars. Place a chunk of chocolate from each bar inside a diaper so that each diaper contains a different brand. Microwave the diapers for 10

– 20 seconds to melt the chocolate inside. Present diapers “warm and mushy” to guests who must decide which type of chocolate bar is contained in which diaper. Answers are written down on an entry form or piece of paper and collected by the host. The person with the most correct answers is the winner.

### **Materials**

- Marker
- 4 Newborn diapers
- 4 Chocolate Bars (eg: Kit Kat, Twix, Oh Henry)
- Pens/pencils
- paper

## **Draw mommy**

### **Description**

Guests are asked to draw a picture of the Mom-to-be on a paper plate with a crayon while balancing the plate on their heads. The plates are collected and displayed one at a time by the Mom-to-be. She determines the winner.

Note: I found it easier to draw on the bottom of the plate than the top as the top had a waxy coating.

### **Material**

- Paper plates
- Crayons

## **Bottle Races**

### **Description**

Each participant is given a bottle filled with milk, juice or some other liquid and told to drink as much as they can in the allotted time. In essence, participants are going to be sucking on the bottle; “baby style”. The person that drinks the most liquid in the allotted time is the winner.

### **Materials**

- Baby bottles
- Milk or alternate drink
- Timer

## **Baby Song List**

### **Description**

Each person is given paper and a pen and asked to write down all the songs they can think of that have “baby” in the title (eg: ., Baby Love, Be My Little Baby). They are given 5 minutes to come up with the names. The person who can name the most songs is the winner.

## Materials

- Pens/pencils
- Paper
- Timer

## How Many Baby Items Can You Name

### Description

Each person is given paper and a pen and asked to write down as many baby products as they can (bottle, blanket, pacifier, etc) within 5 minutes. The person who can name the most baby products is the winner.

## Materials

- Pens/pencils
- Paper
- Timer

## Who Can Make the Best Baby Portrait

### Description

Divide guests into teams of 3 and give each team 3 baby magazines. Ask teams to cut out pictures from the magazine and create a collage of what they think the Mother-to-be's baby will look like. The Mother-to-be gets to pick the winning portrait.

## Materials

- Baby magazines
- Scissors
- Glue
- Paper

## Guess the baby item

### Description

The Mother-to-be is blindfolded and a bag of baby items are placed in front of her. The goal is for her to guess what items are in the bag. She may pull items from the bag one-by-one to guess.

## Materials

- Baby products
- Bag
- Blindfold

## Stuff your shirt

### Description

Blow up 25-30 small balloons. Participants are instructed to put as many balloons as they can inside their shirt. A prize is awarded to the person who can fit the most balloons under their shirt.

### Materials

- 25-30 small balloons

## Feed the baby

### Description

Divide participants into teams of two. One partner is the "baby" and the other partner is the "parent". This is a race to see which "parent" can feed an entire jar of baby food to their "baby" the fastest, using a small spoon. The team that finishes first is the winner.

### Materials

- Small spoons
- Bibs
- Baby food
- Wipes